



TEACHER | MICKEY RAPIER

# PRAYER + MEDITATION



# RHYTHMS

- 1 SPIRITUAL FORMATION
- 2 PRAYER + MEDITATION**
- 3 FASTING
- 4 SIMPLICITY
- 5 WORD
- 6 CONFESSION
- 7 SOLITUDE + SILENCE
- 8 WORSHIP + CELEBRATION
- 9 SABBATH
- 10 SERVICE

The Discipline of  
**Persistent Prayer**



# Ask, Seek & Knock

Keep on asking, seeking & knocking



**I need Thee, O I need Thee  
Every hour I need Thee  
O bless me now my Savior  
I come to Thee**



The Discipline of  
**Persistent Prayer**



How to Be  
**Miserable**

Get all information from the media



# How to Be **Miserable**

Get all information from the media  
**Always assume the worst**



# How to Be **Miserable**

Get all information from the media  
Always assume the worst  
**Worry about everything**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
**Complain about everything**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
**Embrace your insecurities**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
Embrace your insecurities  
**Don't be nice, be angry**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
Embrace your insecurities  
Don't be nice, be angry  
**Never give to God**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
Embrace your insecurities  
Don't be nice, be angry  
Never give to God  
**Refuse to tell others about Jesus**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
Embrace your insecurities  
Don't be nice, be angry  
Never give to God  
Refuse to tell others about Jesus  
**Never read God's Word**



## How to Be **Miserable**

Get all information from the media  
Always assume the worst  
Worry about everything  
Complain about everything  
Embrace your insecurities  
Don't be nice, be angry  
Never give to God  
Refuse to tell others about Jesus  
Never read God's Word  
**Never pray**



**When**  
should we pray

**Reasons**  
that we pray

**Where**  
should we pray

**How**  
should we pray

**Who**  
should pray



**“Pray continually.”**

- I Thessalonians 5:17 <sup>NIV</sup>



**When**  
should we pray

**Reasons**  
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**Where**  
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**How**  
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**Who**  
should pray

“Oops” // “Gimme” // “Thanks” // “Wow”



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### **Matthew 6:5-6** NIV

And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. <sup>6</sup> But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.



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## Humbly

“This, then, is how you should pray:  
‘Our Father in heaven, hallowed be Your name,  
<sup>10</sup> Your kingdom come, Your will be done,  
on earth as it is in heaven.  
<sup>11</sup> Give us today our daily bread.  
<sup>12</sup> And forgive us our debts,  
as we also have forgiven our debtors.  
<sup>13</sup> And lead us not into temptation,  
but deliver us from the evil one.’”

- **Matthew 6:9-13** NIV

## Persistently

“**Ask** and it will be given to you; **seek** and you will find; **knock** and the door will be opened to you. <sup>8</sup> For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. <sup>9</sup> Which of you, if your son asks for bread, will give him a stone? <sup>10</sup> Or if he asks for a fish, will give him a snake? <sup>11</sup> If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!”

- **Matthew 7:7-11** NIV



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**“The teaching as a whole stresses not that we get everything we want, but that God gives what we need.”**

**- NET Bible**



**When**  
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“What is fundamentally at stake is man's picture of God. God must not be thought of as a reluctant stranger who can be cajoled or bullied into bestowing his gifts, as a malicious tyrant who takes vicious glee in the tricks he plays, or even as an indulgent grandfather who provides everything requested of him. He is the heavenly Father, the God of the kingdom, who graciously and willingly bestows the good gifts of the kingdom in answer to prayer.”

- D.A. Carson



**When**  
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**When I arrive at the place where all I want is  
all that God desires for me, it is there that I  
find true peace & contentment.**



**When**  
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**Reasons**  
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Jesus expects us to pray. If we are to be fully devoted followers of Christ, we should be faithful in prayer.



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Jesus expects us to pray. If we are to be fully devoted followers of Christ, we should be faithful in prayer.

Be consistent in the sincerity, discipline, and rhythm of your prayer life.



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Jesus expects us to pray. If we are to be fully devoted followers of Christ, we should be faithful in prayer.

Be consistent in the sincerity, discipline, and rhythm of your prayer life.

Be persistent in lifting needs and requests before Him.



**15**  
Minutes

=

**1%**  
of a day





In prayer, it's not that we get more of God, but that God gets more of us.





